



Manitoba Area Newsline



September 2019 Issue 09/19

newsline@mascna.org

Why Them? Higher Power

Submitted by George M.
(unknown author)

Ever sat in the rooms wondering why everyone else seems to be finding someone special and you are not? In early recovery I was given a poem that read to this question. It's been many years. I no longer have the poem, I came to understand and believe in its context. I share this with the best of my ability as I remember its content hopefully. Some one else may also find some hope in it as I did. Why not me? It simply stated as you look around the

rooms and see the joy and happiness, I given to others. The wonderful relationships they have, Please don't be discouraged. You to will one day have this also if you stay true and fast to the most important relationship, I can give you today. All I ask is you grow with me, in this special relationship. This is a relationship with me your higher power. You see as we grow in our relationship, I will teach you patience, growth, love, caring, honesty and loyalty, all the things we want in that special someone. These are the gifts I can offer, We will develop a relationship unlike anything you have ever experienced or

imagined before. One so special, it will be one you will know to be true. You see I am currently getting you ready for this and ask that you be patient. Not look at what I have given others. But look to me, "Your Higher Power" as I am getting you and that special person ready. In that moment when you are truly ready, I will have that special someone ready, at the same time. You both will be ready for a relationship that is equal to what you truly deserve for each other. One like no other relationship, but the relationship, you have with me your higher power.

So....You want to do service?

Submitted by Kevin S.

Service. It's an important leg of recovery. Our literature talks about the four cornerstones being meetings, sponsor, steps, and service. Each group is where the service structure starts. Each group has chair people who run the meetings. Literature chairs making sure they are always stocked with pamphlets and books. Supply people keeping the coffee and other supplies readily available. The secretary is responsible for keeping records of the business meetings, called "Group Conscience". The treasurer who manages the money that is tossed in the basket, and a GSR who's duty it is to carry the group's voice to the area. The area, also called MASC, or Manitoba Area Service Committee, has some similar positions, but they answer to all the groups in the area, currently 15 of them. GSRs from each group, along with the chairpersons from the subcommittees such as Newsline, Phoneline, H&I, Outreach, Literature, etc... All of these people will meet and discuss what is happening with our area and what we can do to better help the still suffering addict. One of those decisions was to join a region, which is a group of areas who meet to discuss similar matters, but on a broader scale. MASC sends our RCM (regional committee member) to meet with other RCMs and discuss what is happening within that region and to vote on world issues. The region has a delegate who attends World functions, and brings those discussions back to the region, back to the area, and back to the groups. There are many opportunities to get involved in service, and it is a very important leg of your recovery. Talk to your sponsor or attend your next group conscience to get started

Email to the Editor - Anonymous

What is the Narcotics Anonymous program? "... This is a program of complete abstinence from all drugs." – *the Little White Booklet, Narcotics Anonymous. @ 1986*

Although I agree with the majority of the Tradition Three article, which appeared in the September 09/10 Issue, there is one point that was unsettling. It is unfortunate, for NA, that we are afraid to give each other direction today. Sponsees look to their sponsor for direction once in a while and if the sponsor isn't willing to give clear direction then who will? If we clearly see someone is making a mistake we have to speak up and say, with compassion, "I think you're making a mistake." Whether they *choose to listen or not* is 'their stuff'. *Our stuff* is that we are responsible for carrying the message of NA (Tradition Five). We need to be willing to get in each others' faces lives depend on it.

For clarity sake, an excerpt from Narcotics Anonymous World Services entitled "Facts About Program" (<http://web.na.org/?ID=basic>) reads: "In Narcotics Anonymous, members are encouraged to comply with complete abstinence from all drugs including alcohol. It has been the experience of NA members that complete and continuous abstinence provides the best foundation for recovery and personal growth. NA as a whole has no opinion on outside issues, including prescribed medications. Use of psychiatric medication and other medically indicated drugs prescribed by a physician and taken under medical supervision is not seen as compromising a person's recovery in NA."

August Birthdays, Events & Announcements

- **Thursday August 22nd** – Al V. – 8 years at Genesis @ 7pm; 187 Kilbride Ave
- **Friday August 23rd** - Infinity Group's 6 year anniversary @ 7:30pm. Potluck, Fun and Fellowship. Lynn L. is speaking; 202 McLean Ave. Selkirk United Church (Side Entrance)
- **Sunday August 25th** – Rich A. – 18 months at Road to Recovery; 7pm at 146 Magnus St.
- **Saturday August 31st** – Kory W. is speaking at SOS @ 7pm; 125 Sherbrook St.
- **Friday September 6th** – Alana F. – 5 years at Broadway @ 12:00 noon; 222 Furby St.
- **Saturday September 21st** – MASC meeting at 12:00 noon; 430 Langside St.
- **Tuesday September 24th** – Robert R. – 35 years at Equinox @ 7:30pm; 195 Collegiate St.
- **Sunday September 29th** – Kevin S. – 1 year at Road to Recovery; 7pm @ 146 Magnus St.

Just For Today Reading for December 18th Taken from our literature

The message of our meetings

December 18

“The fact that we, each and every group, focus on carrying the message provides consistency; addicts can count on us.”

Basic Text, p. 68

Tales of our antics in active addiction may be funny. Stories of our old bizarre reactions to life when using may be interesting. But they tend to carry the mess more than the message. Philosophical arguments on the nature of God are fascinating. Discussions of current controversies have their place—however, it's not at an NA meeting.

Those times when we grow disgusted with meetings and find ourselves complaining that “they don't know how to share” or “it was another whining session” are probably an indication that we need to take a good, hard look at how we share.

What we share about how we got into recovery and how we stayed here through practicing the Twelve Steps is the real message of recovery. That's what we are all looking for when we go to a meeting. Our primary purpose is to carry the message to the still-suffering addict, and what we share at meetings can either contribute significantly to this effort or detract greatly. The choice, and the responsibility, is ours.

Just for today: I will share my recovery at an NA meeting.

March 19, Something Valuable to Share



"A simple, honest message of recovery from addiction rings true."
Basic Text, p. 51

Just for Today: I have something valuable to share.
I will attend a meeting today and share my experience in recovery from addiction.

Unity is a practice of love.

Living Clean, Chapter Seven, "The Journey Continues"



WORLD UNITY DAY

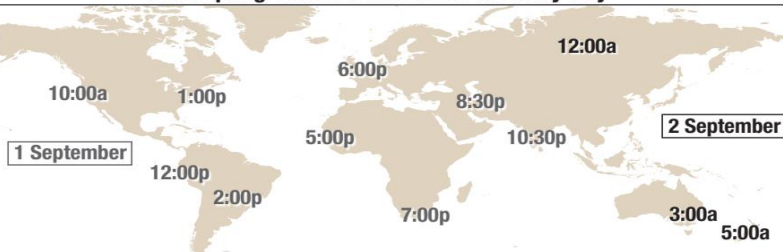
1 September 2019 — 10 am PDT

Join NA members for a heartfelt expression of NA's worldwide unity as we take a moment to reflect on our **global Fellowship** and our primary purpose: to carry the NA message to the addict who still suffers.

On 1 September (2 September for our friends across the date line), we will all **join together** to share the Serenity Prayer.

Participate however you want—attend a Unity Day event or meeting, gather with friends, or take a moment to yourself at any time on Unity Day to **celebrate** our worldwide NA Fellowship.

A sampling of worldwide times for Unity Day



For more information visit www.na.org or call 818.773.9999